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### Southwick Arban District

### ANNUAL REPORT

OF THE

### Medical Officer of Health

FOR THE YEAR TRY OF THE 1952

BY

#### THOMAS HERBERT HARRISON

M.R.C.S., L.R.C.P., D.P.H., D.T.M. & H.

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# SOUTHWICK URBAN DISTRICT COUNCIL

"Normanhurst,"
16 Buckingham Road,
Shoreham-by-Sea.
June, 1953.

Madam, and Gentlemen,

I have much pleasure in presenting my report for the Southwick Urban District for the year 1952.

From a health point of view it has been a good year. There have been no epidemics of infectious disease in this or neighbouring districts. There has been steady improvement in the health and well being of the community. The improvement is most marked in the children as they have had the benefits of improved social conditions and better medical care and supervision from birth. Improvement has undoubtedly taken place in other age groups, but here it is not so obvious.

At the other end of the scale the picture is not nearly so bright. Improved social conditions and medical care are prolonging lives, without necessarily providing the wherewithal to enjoy this life to the full. There comes a time when the old people are no longer able to take care of themselves, and it is then that they become an acute social problem. There is an ever increasing tendency for people to-day to rid themselves of their responsibility towards their aged relatives; but the facilities available are at present grossly inadequate.

Under the present administrative arrangements the old but able bodied are the responsibility of the County Councils and County Borough Councils, while the elderly sick are the responsibility of Regional Hospital Boards. Of these two classes it is the chronic sick who present the biggest problem. In this district it frequently happens that the elderly sick have to wait several weeks before a hospital bed can be obtained during which time their conditions rapidly deteriorate.

#### Vital Statistics.

For the first time on record there were no infantile deaths in the district. The birth rate is rather low, but apart from this the vital statistics approximate fairly closely with the rest of the country.

#### Housing.

Housing is still a big problem. We are a long way from the ideal, of a separate unit of accommodation for each family. Perhaps the biggest problem connected with housing is that of repair and maintenance. While new houses are being built at one end of the district, old properties in the centre of the town are falling into disrepair and decay. The present system of rent control gives little incentive to landlords to spend money on their property. I can see little chance of real improvement in this direction until the Rent Restriction Acts have been amended.

#### Infectious Disease.

The last twenty years have seen tremendous changes in all aspects of infectious disease.

#### Diphtheria.

This disease which was a major killing disease has become so rare that to the present generation of young mothers it is a name only. This result has undoubtedly been brought about by the extensive immunisation campaign. There is the great danger, however, that if the habit of diphtheria immunisation is allowed to slip, we shall again be faced with epidemics of diphtheria in our midst.

#### Smallpox.

Outbreaks of smallpox continue to occur from time to time in various parts of the country. Invariably when these occur, panic vaccination takes place. This could be avoided if all parents would ensure that their children are vaccinated, first at about four months, and again at intervals which coincide with such important milestones as school entry, school leaving, and entry into the Armed Forces. If vaccination is carried out at these intervals, the unpleasant reactions associated with vaccination would be almost completely eliminated.

I am, Madam and Gentlemen, Your obedient Servant,

THOMAS HERBERT HARRISON,
Medical Officer of Health.

To: The Chairman and Members of the Southwick Urban District Council.

#### THE PUBLIC HEALTH COMMITTEE.

#### Chairman:

Councillor H. W. CHISNALL.

Councillor Mrs. B. E. NEWMAN (Chairman of Council).

Councillor D. J. LOADER.

,, R. W. LEAN.

., R. D. VOICE.

" T. H. PORTER.

#### STAFF OF PUBLIC HEALTH DEPARTMENT.

#### Medical Officer of Health:

THOMAS HERBERT HARRISON, M.R.C.S., L.R.C.P., D.P.H., D.T.M. AND H.

#### Sanitary Inspector:

T. A. EARDLEY, CERT. S.I.B., A.R.S.I.

#### Clerical Assistant:

F. S. MORLEY.

#### Clerk to the Medical Officer of Health:

Miss J. CLEGG.

#### NATURAL AND SOCIAL CONDITIONS OF THE DISTRICT.

Southwick is a small urban area on the south coast, situated four miles west of Brighton.

The eastern arm of Shoreham Harbour, known locally as "The Canal," flowing eastwards, form the southern boundary of the district. On the strip of land south of the Canal are situated the Electricity Works of the British Electricity Authority and the Works of the South Eastern Gas Board. The sheltered water of the Canal is used as a harbour by sundry private yachts.

Fishing, Agriculture, a Dye Works, the Gas and Electricity undertakings referred to above and retail shop-keeping provide occupation for the majority of the inhabitants.

#### **GENERAL STATISTICS**

Acres, 1,103.

Resident Population (1952) estimated by Registrar General, 10,680.

Population (1951) Census, 10,718.

Rateable value £93,786.

Sum represented by 1d. rate, £386.

No. of inhabited houses end of 1952 according to the Rate Books, 3,597.

#### EXTRACTS FROM VITAL STATISTICS OF THE YEAR.

Live Births— Total M. F.

Legitimate 140 71 69 Birth Rate per 1,000 of the esti-

Illegitimate 9 4 5 mated resident population 13.9.

Stillbirths ... 4 1 3 Rate per 1,000 total (live and still) births, 26.1.

Deaths ... 134 64 70 Death Rate per 1,000 of the estimated resident population 12.5.

Corrected Birth Rate ... 14.8

Corrected Death Rate ... 10.1

Deaths from diseases and accidents of pregnancy and childbirth:—Nil.

Deaths of Infants under one year of age, Nil.

Death Rate of Infants under one year of age:-

All Infants per 1,000 live births, Nil.

Legitimate Infants, per 1,000 legitimate live births, Nil.

Illegitimate Infants, per 1,000 illigitimate live births, Nil.

Deaths from Cancer (all ages), 31.

Deaths from Measles (all ages), None.

Deaths from Whooping Cough (all ages), None.

Deaths from Diarrhœa (under 2 years of age), None.

#### **COMPARATIVE STATISTICS**, 1952

ž					En	ıgla	nd and	West Sus	ssex	Southwick
						7	Wales	Urban	Rural	U.D.
Birth Rate	•	•	•	•	•	•	15.3	12.3	13.9	13.9
Death Rate	•	•	•	•		•	11.3	14.9	11.8	12.5
Infantile Death	Rat	æ	•	•	.•	•	27.6	17	18	0.0
Pulmonary Tube	ercu	losi	is							
Death Rate		•	•	•	•	•	0.2	0.2	0.13	0.28
Cancer Death F	Rate		٧.	•		•	1.9	2.8	2.0	9 2.9
Maternal Mortal	ity I	Rat	te							
per 1,000 l	oirth	ıs		•	•	٠	0.72	0.9	0.9	0.0

### GENERAL PROVISION OF HEALTH SERVICES IN THE AREA.

#### National Health Service Act, 1946.

Since the National Health Service Act came into force on July 5th, 1948, the following services are the responsibility of the Local Health Authority, which is West Sussex County Council:—

The Care of Mothers and Young Children.

Domiciliary Midwifery.

Health Visiting.

Home Nursing.

Prevention of Illness, Care and After-Care.

Home Help.

Mental Health.

Ambulance and Hospital Car Service.

Vaccination against Smallpox.

Immunisation against Diphtheria.

#### 1.—Local Health Authority Services.

#### Nursing.

General District Nurses, Midwives, Health Visitors and School Nurses are employed by the County Council to serve in the area.

#### Maternity and Child Welfare.

A centre is held every Tuesday and Thursday afternoon at the Social Club, at 2.30, under the County Council's Child Welfare Scheme, the local district nurses being in charge of it, and one of the local Medical Practitioners being in attendance once a fortnight on a Thursday. An Ante-Natal Clinic is also held Fortnightly on Friday, at the Community Centre at 2.30 p.m.

#### Day Nurseries.

There is no day nursery in the district.

#### School Clinics.

No Minor Ailment Clinic is held in the district, but children attending Southwick Schools may be sent to the Shoreham-by-Sea Minor Ailment Clinic.

Eye Clinics and Speech Therapy Clinics are also held at Shoreham-by-Sea Health Centre, and Orthopædic Clinics at Lancing Health Centre.

Children suffering from enlarged tonsils and adenoids are seen by appointment at the Sussex Throat and Ear Hospital, Brighton.

A Physiotherapy Clinic is held at Shoreham-by-Sea Health Centre.

#### Chest Clinics.

The Worthing Hospital Management Committee's Chest Clinic, held at Southlands Hospital, is available to the residents of Southwick.

#### Venereal Diseases.

The Worthing Hospital Management Committee have made arrangements entitling residents in the district to attend the Clinics for Venereal Diseases held at Worthing Hospital.

#### Ambulance Service.

Acting as agents for the County Council, the St. John Ambulance Brigade and British Red Cross Society operate the Ambulance and Hospital Car Service in the County. Calls for an ambulance are made through the doctor or nurse in attendance on the case, or through the Police or public in case of accidents or other emergencies.

Lists showing names and addresses of midwives, health visitors and general nurses may be seen at County Libraries, Town Halls or Offices of local District Councils, and the Public Health Department, County Hall, Chichester. Information as to the situation of clinics and times of sessions may be obtained from the same sources, or from the local midwife, health visitors or general nurse.

#### 11.—Hospital and Specialist Services.

A comprehensive hospital and specialist service is provided by the Regional Hospital Board. Doctors can arrange whatever forms of treatment are needed for their patients in general or special hospitals, whether as in-patients or out-patients. Hospital accommodation of a private nature is available in certain circumstances subject to appropriate charges. All types of cases are thus provided for—medical, surgical, maternity, infectious diseases, and those requiring sanatorium or mental hospital treatment.

The Worthing Group Hospitals comprise: Worthing, Southlands, Swandean, Littlehampton and Arundel Hospitals; Zachary Merton Maternity Home, Rustington, and certain Convalescent Homes.

#### III.—General Medical and Dental Services.

Everyone is entitled as part of the arrangements for the National Health Service to general medical and dental care. Local arrangements for these services are organised through the National Health Service Executive Council for West Sussex, 63 South Street, Chichester.

#### Legislation in Force.

No Local Acts, Special health orders, General Adoptive Acts or Bye-Laws relating to the public Health have come into force during 1952.

#### National Assistance Act, 1948. Section 47.

It was not found necessary to take any action under the above Section during the year.

#### SANITARY CIRCUMSTANCES OF THE AREA.

#### Water.

There is an abundant and constant supply of pure water from the Brighton Corporation. All dwelling-houses have a piped supply laid on. There are no stand-pipes in the area.

The water is not liable to have plumbo-solvent action.

Two samples of water were sent for chemical or bacteriological examination during the year.

#### Extensions of Mains during the year:

						Yds.	Main.
Windmill Road .	•	•	•			244	4in.
Ridgeway Estate	•	•	•	•		8	4in.
Windmill Estate .	•	•	•		•	684	4in.
Albion Street—Fishers	gat	e 7	Ceri	r.	1.	187	12in.

#### Public Cleansing.

#### (a) House Refuse.

The tip was sprayed at regular intervals during the year with Gammexane, and the refuse collection vehicles were sprayed with insecticide whilst loading was in operation.

#### (b) Sewers.

No extensions of existing sewers were made during the year.

#### (c) Cesspools. ...

There are no cesspools in the district.

#### Schools.

There are four Primary Schools and one Secondary School in the District. All have the Public water supply and water closet sanitation.

#### Pollution of Rivers and Streams.

It has not been necessary to take any action to check the pollution of rivers or streams.

### SANITARY INSPECTION OF THE DISTRICT. FACTORIES ACT, 1937.

#### 1.—Inspections.

Premises	Number		Number of	
Prennses	on Register	Inspections	Written Notices	Occupiers Prosecuted
(i) Factories in which Sections 1, 2, 3, 4 and 6 are to be enforced by Local Authorities	33	73	4	
(ii) Factories not included in (i) in which Section 7 is enforced by the Local Authorities	15	31	_	
(iii) Other premises in which Section 7 is enforced by the Local Authority	2	12	. <b>–</b>	
Total .	50	116	4	_

#### 2.—Cases in which Defects were found.

Particulars	N	umber of cases were		ects	Number of cases in which
	Found	Remedied	Refe To H,M. Inspector	erred By H,M. Inspector	prosecutions were instituted
Want of cleanliness	1	1			
Ineffective drainage of floors  Sanitary conveniences —	1	1		—	
Insufficient	2	2		2	
Other offences	2	2	-		
Total .	6	6	_	2	

There are 27 Outworkers in the district.

No. of shops in the district	•	,	•	•	•		•	•	•		154
No. of inspections		•	•	•						•	130
No. of defects found :		**									
(a) Ventilation		•	•		•	•	•	•		•	1
(b) Warming		,			•	•					0
(c) Sanitary defects	•	,	•		•		•	•	•	•	2
The defects were remedied.											
No applications were made un	dei	- C	ect	ion	38	(2)	fo	re	ver	nnt	ion

No applications were made under Section 38(2) for exemption.

#### Tents, Vans and Sheds.

No. of ins	spections	•		•	•	•	•	•	•	•	•	•	15
No. of co	mplaints re	eceive	d	•	•	•	•	•		•		•	2
No. of cor	ntravention	s obs	erve	d			•	•	•	•		•	2
(unlic	censed site	)											
No. remed	died				•	•			•	•	•	•	2

#### Camping Sites.

No.	of sites	in th	e area	which	were	usec	l for	ca	mp	ing	pu	r-	
	poses o	during	the y	ear	•							•	1

#### Swimming Baths and Pools.

There are no swimming baths or pools in the district.

#### Prevention of Damage by Pests Act.

All complaints of rat and mice infestation received during the year have been investigated. The Council employ a part-time Rodent Operator who has dealt with infestations on private prem-No charge has been made for privately owned dwellings. Treatment used in infestations was that recommended by the Ministry of Food, the P.3 trap, together with poison bait.

#### Mosquitoes.

No complaints have been received in respect of mosquitoes.

#### Rag Flock and Other Filling Materials Act, 1951.

No.	of	premises	in the	dis	tric	et (	on	whi	ich	rag	fl	ock	is	mar	nu-
	fact	tured, used	d or solo	1		٠	•	•	•				•		2.
No.	of i	nspections	made			•		•	•		•		•		9
No.	req	uiring acti	on to b	e ta	ake	n		•	•	•	•	•	•	No	one.

#### Smoke Abatement.

No. of observations made	٠	•	•	•	•	•	•	•	•		19
No. of notices served										N	Jone

#### Eradication of Bed Bugs.

No of observations made

One Council house and three non-Council houses were found to be infested with bed bugs and disinfested by the Council by the use of sulphur dioxide, thermatox and spraying with Roxem. No house has been disinfested by hydrogen cyanide. The furniture of prospective tenants of Council houses is inspected by the Sanitary Inspector and disinfested if necessary.

#### HOUSING STATISTICS, 1952.

During the year the Local Authority erected 50 units of accommodation (houses and flats).

Seventeen houses were erected by private enterprise.

#### 1.—Inspection of Dwelling Houses during the Year:—

(1) (a)	Total number of dwelling houses inspected for housing defects (under Public Health or	
	Housing Acts)	59
(b)	Number of inspections made for the purpose	86

Nil	(2) (a) Number of dwelling houses (included under sub-head (1) above) which were inspected and recorded under the Housing Consolidated Regulations, 1925
Nil	(b) Number of inspections made for the purpose
2	(3) Number of dwelling houses found to be in a state so dangerous or injurious to health as to be unfit for human habitation
57	(4) Number of dwelling houses (exclusive of those referred to under the preceding sub-head) found not to be in all respects reasonably fit for human habitation
	2.—Remedying of defects during the year without service of formal notice :—
45	Number of defective dwelling houses rendered fit in consequence of informal action by the Local Authority or their officers
ho woor	3.—Action under Statutory Powers during the year:  No action was taken under Statutory Powers during t
ne year.	No action was taken under Statutory Powers during t
	1.—Housing Act, 1936-1949—Overcrowding:—
Nil	(a) i. No. of dwellings overcrowded at the end of the year (estimated)
-	ii. No. of families dwelling therein (estimated)
******	iii. No. of persons dwelling therein (estimated)
Nil	(b) No. of new cases of overcrowding reported during the year
Nil	(c) i. No. of cases of overcrowding relieved during the year
	ii. No. of persons concerned in such cases
None	(d) Particulars of any cases in which dwelling-houses have again become overcrowded after the Local Authority have taken steps for the abatement of overcrowding

#### INSPECTION AND SUPERVISION OF FOOD.

#### (a) Milk Supply. Milk and Dairies Regulations 1949.

No. of Dairymen (Cowkeepers and Milksellers), etc	18
No. of these registered as Wholesalers only	0
No. of these registered as Retailers only	17
No. of these registered as both Wholesalers and Retailers .	1
No. of Inspections of Milkshops	21

#### Water Supply to Dairy Premises.

All the above premises are supplied from the public water mains.

#### Licences.

Licences granted by the Local Authority.

To pasteurise milk	•	•	•	1
To retail milk using the designation—				
(a) Tuberculin Tested Milk	•		•	6
(b) Pasteurised	•	•		8

#### (b) Meat.

No. of inspections of Butchers' Shops	45
Meat found unfit for human consumption 178	lbs.
There are no slaughter houses in the district.	

#### (c) Ice Cream.

No	of places	of	manufacture	in	the	district					0
INO.	UI DIACES	OT	mamulacture	TII	tiic	district	•	•	•	•	

#### (d) Other Foods.

Other Foods have been kept under observation throughout the year and a number of parcels of foodstuffs, found to be unfit for human consumption, were voluntarily surrendered.

#### (e) Shell Fish.

There are no shell fish beds or layings in the district.

## SUMMARY OF SANITARY WORK AND IMPROVEMENTS UNDER PUBLIC HEALTH AND HOUSING ACTS.

No. of inspections in regard to Infectious Disease	. 117
No. of premises disinfected after Infectious Disease	. 39
No. of verminous premises disinfested	. 4
No. of Nuisances found to exist	. 10
No. of Nuisances abated	. 10
No. of Ashbins provided	. 17
Summary.	
Total No. of inspections made for all purposes .	. 842
Total No. of Notices served :	
Informal	. 52
Statutory	. 1
Total No. of summonses issued	. 0
Total No. of convictions obtained (summons withdra	awn) Nil
Complaints received	. 32
Complaints found justified and dealt with	. 26

#### PREVALENCE AND CONTROL OF INFECTIOUS DISEASES.

#### Notifiable Diseases.

	Und. 1.year	12	£ +-8	5—9	10—14	15—24	25 and over	Total
Scarlet Fever . Whooping Cough Ac. Poliomyelitis:	_	3 1	13	23 4	2	_	1	42 6
Paralytic Non-Paralytic Diphtheria	<u></u>	— — — —	<u></u>	4 23	1 1 1	<u></u>	<u></u>	5 1 35

	Und. 5 yrs.	5—14	15—44	45—64	65 and over	Total
Pneumonia Dysentery Smallpox Ac. Encephalitis Typhoid Fever Paratyphoid Fever Erysipelas Meningococcal Infection Food Poisoning Puerperal Pyrexia Ophthalmia Neonatorum	1    	3 - - - 1 -	5	1 - 4	1 - 1	11 

·		Total Deaths
42 6 5	3 5	_
35 11	1	
5 1 1	1	_
	42 6 5 1	42 3 6 - 5 5 1 1

#### Diphtheria Immunisation.

Diphtheria Immunisation has again been carried out during the year by the County Council. At the end of the year the position was as follows:—

#### Food Poisoning.

No case of food poisoning was notified during the year.

#### Laboratory Facilities.

The Public Health Laboratory at Brighton is now in full use for the examination of bacteriological specimens.

### TUBERCULOSIS. New Cases and Mortality.

	Α		New	cases			Dea	ths	
	Age Periods	Pulm	onary	No Pulm	on- onary	Pulmo	onary	No Pulmo	on- onary
100		M	F.	М.	F.	М.	F.	M.	F.
والمراقع المراقع المرا	1 5 10 15 20 25 35 45 55 65 and upwards		1 1 - 1						
San	Totals	3	3		1	2	1	_	

No person died who had not been notified during life.

### PUBLIC HEALTH (Prevention of Tuberculosis) REGULATIONS 1925.

It has not been necessary to serve any notice under these Regulations which prevent persons suffering from Tuberculosis taking part in the production of milk.

#### PUBLIC HEALTH ACT, 1936, Section 172.

No action has had to be taken by the Council under this Section, which gives power to Sanitary Authorities to apply in special cases for a Magistrate's Order for the removal of Tuberculosis persons to an Institution for isolation.

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